**THURSDAY DINNER**

**Grilled Chicken:** CHICKEN, APPLE CIDER VINEGAR (apple cider vinegar and filtered water), WATER, SALT, PEPPER, WORCESTERSHIRE SAUCE (distilled vinegar, molasses, water, corn syrup, salt, caramel color, sugar, spices, anchovies, natural flavors [*soy*], tamarind extract), GARLIC.

**Baked Beans:** BEANS (white beans, water, sugar, tomato paste, corn syrup, salt, spice, paprika, caramel color, natural flavorings, garlic powder), ONION, KETCHUP (tomato concentrate, high fructose corn syrup, distilled vinegar, corn syrup, salt, less than 2% of: spice, onion powder, natural flavors), VINEGAR (white distilled vinegar and filtered water), BROWN SUGAR (sugar, molasses), MUSTARD (distilled vinegar, #1 grade mustard seeds, salt, turmeric, spices, paprika), LIQUID SMOKE (water, natural hickory smoke flavor, vinegar, molasses, caramel color, salt).

**Baked Lima Beans:** BEANS (lima beans, water, salt), KETCHUP (tomato concentrate, high fructose corn syrup, distilled vinegar, corn syrup, salt, less than 2% of: spice, onion powder, natural flavors), FLOUR (bleached wheat flour enriched [*bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid*], malted barley flour), BACON CRUMBLES (bacon [*cured with water, salt, sugar, sodium erythorbate, sodium nitrite, may also contain dextrose, flavoring, honey, dehydrated pork broth, potassium chloride, potassium lactate, smoked flavoring, sodium diacetate, sodium phosphate]*), BROWN SUGAR (sugar, molasses), MILK, ONION.

**Honey Oat Bread:** WATER, HONEY, BUTTER (cream, natural flavorings), SALT, OATS, YEAST (yeast, sorbitan monostearate, ascorbic acid), FLOUR (bleached wheat flour enriched [*bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid*], malted barley flour).

**Nutty Ramen Salad:** SLIVERED ALMONDS, SESAME SEEDS, CABBAGE, ONIONS, GREEN PEPPERS, SUGAR, SALT, PEPPER, CANOLA OIL, APPLE CIDER VINEGAR (apple cider vinegar and filtered water), RAMEN NOODLES (enriched flour [*wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid*], palm oil, salt, contains less than 2% of: autolyzed yeast extract, citric acid, disodium guanylate, disodium inosinate, disodium succinate, dried leek flake, egg white, garlic powder, hydrolyzed corn and soy protein, lactose, maltodextrin, natural flavor, onion powder, potassium carbonate, potassium chloride, powdered chicken, rendered chicken fat, silicon dioxide, sodium alginate, sodium carbonate, sodium tripolyphosphate, soybean, spice and color, succinic acid, sugar, TBHQ [*preservative*], wheat).

**Potato Salad:** POTATOES, ONIONS, SALAD DRESSINGS (soybean oil, water, high fructose corn syrup, distilled vinegar, egg yolks, food starch-modified, contains less than 2% of: salt, cider vinegar, spice, paprika, natural flavors [*includes celery seed*], calcium disodium edta added to protect flavor), VINEGAR (white distilled vinegar and filtered water), SALT, DILL, CELERY, EGGS, SUGAR, MUSTARD (distilled vinegar, #1 grade mustard seeds, salt, turmeric, spices, paprika), PEPPER.

**Chocolate Chip Cookies:** BUTTER (cream, natural flavorings), SUGAR, BROWN SUGAR (sugar, molasses), WATER, LIQUID EGGS (whole eggs, citric acid, 0.15% water added as carrier for citric acid, citric acid added to preserve color), BAKING SODA, SALT, VANILLA, FLOUR (bleached wheat flour enriched [*bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid*], malted barley flour), CHOCOLATE CHIPS (sugar, unsweetened chocolate, cocoa butter, soy lecithin (*an emulsifier*), natural vanilla extract).

**Dishpan Cookies:** BROWN SUGAR (sugar, molasses), SUGAR, BUTTER (cream, natural flavorings), CANOLA OIL, LIQUID EGGS (whole eggs, citric acid, 0.15% water added as carrier for citric acid, citric acid added to preserve color), VANILLA, BAKING SODA, OATS, CORN FLAKES (degermed yellow cornmeal, sugar, salt, malt extract, vitamins & minerals: vitamin C [*sodium ascorbate, ascorbic acid*], iron [*ferrous fumarate*], vitamin A [*palmitate*], niacinamide, vitamin B2 [*riboflavin*], vitamin B1 [*thiamine mononitrate*], vitamin B6 [*pyridoxine hydrochloride*], vitamin D [*cholecalciferol*], vitamin B12 [*cyanocobalamin*], folic acid. BHT added to packaging to help preserve freshness), FLOUR (bleached wheat flour enriched [*bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid*], malted barley flour).

**Snickerdoodles:** BUTTER (cream, natural flavorings), SHORTENING (palm oil, soybean oil, hydrogenated palm oil, vegetable mono & diglycerides, tbhq and citric acid added to protect flavor), SUGAR, LIQUID EGGS (whole eggs, citric acid, 0.15% water added as carrier for citric acid, citric acid added to preserve color), FLOUR (bleached wheat flour enriched [*bleached wheat flour, niacin, reduced iron, thiamine mononitrate, riboflavin, folic acid*], malted barley flour), CREAM OF TARTAR, BAKING SODA, SALT, SUGAR, CINNAMON.