**SUNDAY NOON MEAL**

**Roast Beef**: BEEF INSIDE ROUND, GLUTEN FREE FRENCH ONION SOUP BASE (salt, maltodextrin, dextrose, dehydrated onion, onion powder, yeast extract, beef fat, caramel color, natural flavor including beef fat & canola oil, disodium inosinate, disodium guanylate), ONION POWDER, WATER, BEEF JUICE (salt, maltodextrin, dextrose, soybean and canola oil, onion powder, beef stock, hydrolyzed soy protein, natural flavor, caramel color, yeast extract, beef extract, garlic powder, beef fat, spice, disodium inosinate & disodium guanylate, corn syrup solids, thiamin hydrochloride, lactic acid, celery extract).

**Mashed Potatoes:** POTATOES, CANOLA OIL, SALT, CONTAINS 2% OR LESS OF: ARTIFICIAL COLORS, MONO AND DIGLYCERIDES, NATURAL AND ARTIFICIAL FLAVORS, MILK, FRESHNESS PRESERVED WITH: SODIUM BISULFITE, SODIUM ACID PYROPHOSPHATE, CITRIC ACID, BHT,  LIQUID BUTTER (soybean oil, hydrogenated soybean oil with salt, soy lecithin, artificial flavor, artificial color and citric acid added as a preservative), PARSLEY.

**Beef Gravy:** WHEAT FLOUR, MODIFIED CORN STARCH, SALT, MONOSODIUM GLUTAMATE, AUTOLYZED YEAST EXTRACT, DEHYDRATED BEEF STOCK, HYDROLYZED SOY PROTEIN, CARAMEL COLOR, SUGAR, ONION POWDER, BEEF FAT, PAPRIKA, XANTHAN GUM, MALTODEXTRIN (corn, potato), SPICES, DISODIUM GUANYLATE, DISODIUM INOSINATE, NATURAL FLAVOR, COLOR ADDED, GUM ARABIC.

**Corn:** CORN.

**Tossed Salad:** ROMAINE LETTUCE HEARTS, GREEN LEAF LETTUCE HEARTS, SPRING MIX LETTUCE, TOMATOES, CUCUMBERS, RADISHES.

**Shredded Cheese:** CULTURED PASTEURIZED MILK, SALT, ENZYMES, ANNATTO COLOR, ANTI-CAKE (potato starch, powdered cellulose).

**Croutons (Members Mark):** ENRICHED FLOUR (wheat flour, malted barley flour, niacin, ferrous sulfate, thiamin mononitrate, riboflavin, folic acid), CANOLA OIL, SEASONING (sugar, whey, salt, romano cheese blend [*romano cheese made from cow’s milk {milk, salt, cheese cultures, enzymes},* whey, disodium phosphate, lactic acid], PARMESAN CHEESE BLEND [parmesan cheese {pasteurized milk, cheese cultures, salt, enzymes}, whey, salt, disodium phosphate, lactic acid], TOMATO POWDER, GARLIC POWDER, NATURAL FLAVOR (including autolyzed yeast extract), VINEGAR POWDER (maltodextrin vinegar), SPICES (dehydrated parsley, silicon dioxide added to prevent caking), SALT, WATER, YEAST NATURAL BUTTER FLAVOR, INACTIVE YEAST, ASCORBIC ACID.

**Croutons (Burry Foods):** ENRICHED FLOUR ­WHEAT FLOUR, MALTED BARLEY FLOUR, NIACIN, REDUCED IRON, THIAMIN MONONITRATE, RIBOFLAVIN, FOLIC ACID, CANOLA AND/OR SUNFLOWER OIL WITH ROSEMARY EXTRACT AND ASCORBIC ACID TO PRESERVE FRESHNESS, YEAST, SUGAR, 2% OR LESS OF SALT, MALTODEXTRIN, WHEY, GARLIC POWDER, DEHYDRATED PARSLEY, YEAST EXTRACT, ROMANO CHEESE SOLIDS FROM COW’S MILK ­PART SKIM MILK, CHEESE CULTURES, SALT, ENZYMES‑, PAPRIKA ­COLOR‑, EXTRACTIVE OF PAPRIKA ­COLOR‑, CITRIC ACID, NATURAL FLAVORS, ENZYMES.

**Dinner Roll:** ENRICHED UNBLEACHED WHEAT FLOUR (wheat flour, malted barley flour, niacin, iron as ferrous sulfate, thiamine mononitrate, enzyme, riboflavin, folic acid), EGGS, SKIM MILK, YEAST, HIGH FRUCTOSE CORN SYRUP, WATER, BUTTER (cream[*from milk*], salt), CONTAINS LESS THAN 2% OF: SALT, SODIUM STEAROYL LACTYLATE, DATEM, ASCORBIC ACID, ENZYME, PAPRIKA OLEORESIN, TURMERIC OLEORESIN, LIQUID BUTTER (soybean oil, hydrogenated soybean oil with salt, soy lecithin, artificial flavor, artificial color, citric acid added as a preservative).

**Short Cake:** BISCUIT MIX (enriched unbleached flour [*wheat flour, malted barley flour, niacin, reduced iron, thiamin mononitrate, riboflavin, folic acid*], palm oil, buttermilk, soybean oil, Less than 2% of: baking soda, calcium acid pyrophosphate, monocalcium phosphate, salt, sugar, whey) SUGAR, BUTTER (cream), WATER, VANILLA (water, artificial flavor, caramel color, citric acid, sodium benzoate.), LIQUID EGGS (whole eggs, citric acid, 0.15% water added as carrier for citric acid. citric acid added to preserve color.).

**Strawberries:**  STRAWBERRIES, SUGAR.

**Whipped Topping:** WATER, HYDROGENATED VEGETABLE OIL (palm, palm kernel, coconut and/or cottonseed), HIGH FRUCTOSE CORN SYRUP, CONTAINS LESS THAN 2% OF: CARBOHYDRATE GUM, POLYSORBATE 60, SALT, POLYGLYCEROL ESTERS OF FATTY ACIDS, SOY LECITHIN, DISODIUM PHOSPHATE, SODIUM CITRATE, XANTHAN GUM, ARTIFICIAL FLAVOR, NATURAL FLAVOR, COLORED WITH TURMERIC AND ANNATTO EXTRACTS.